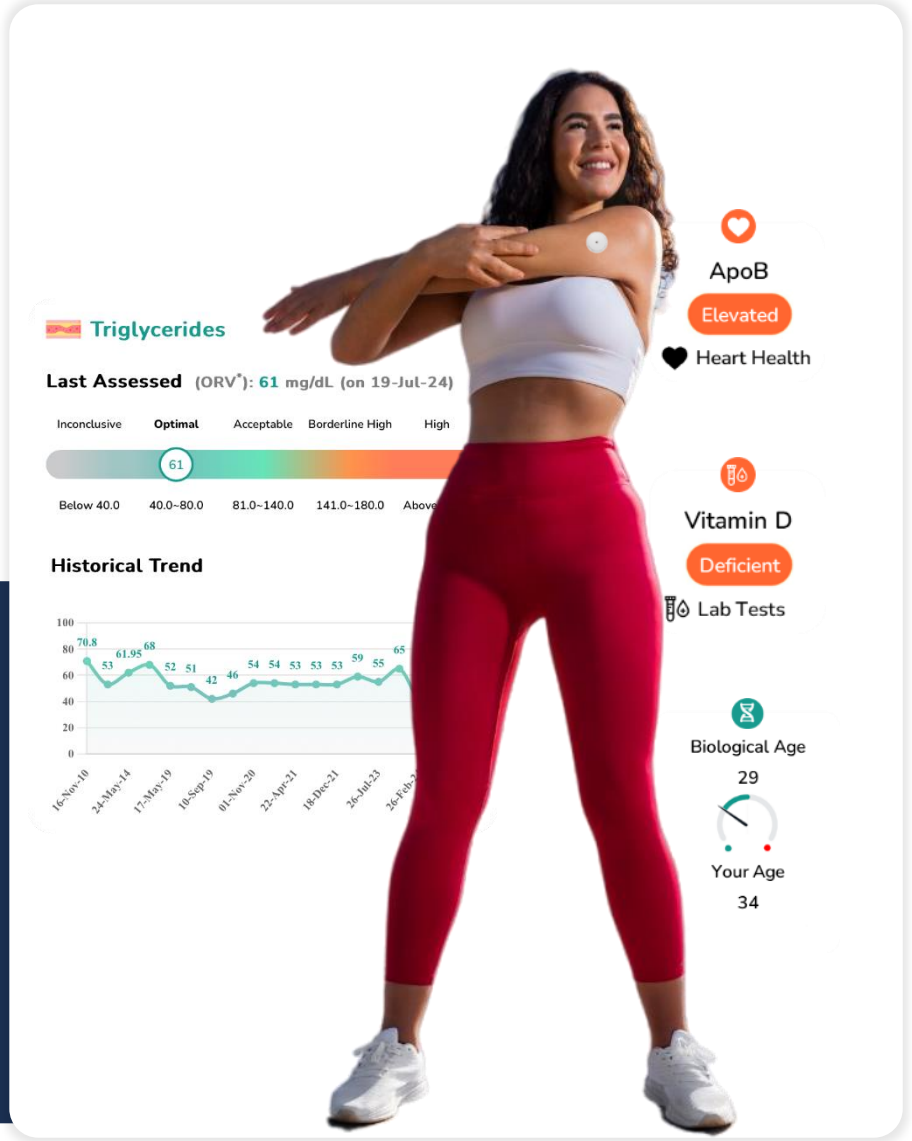
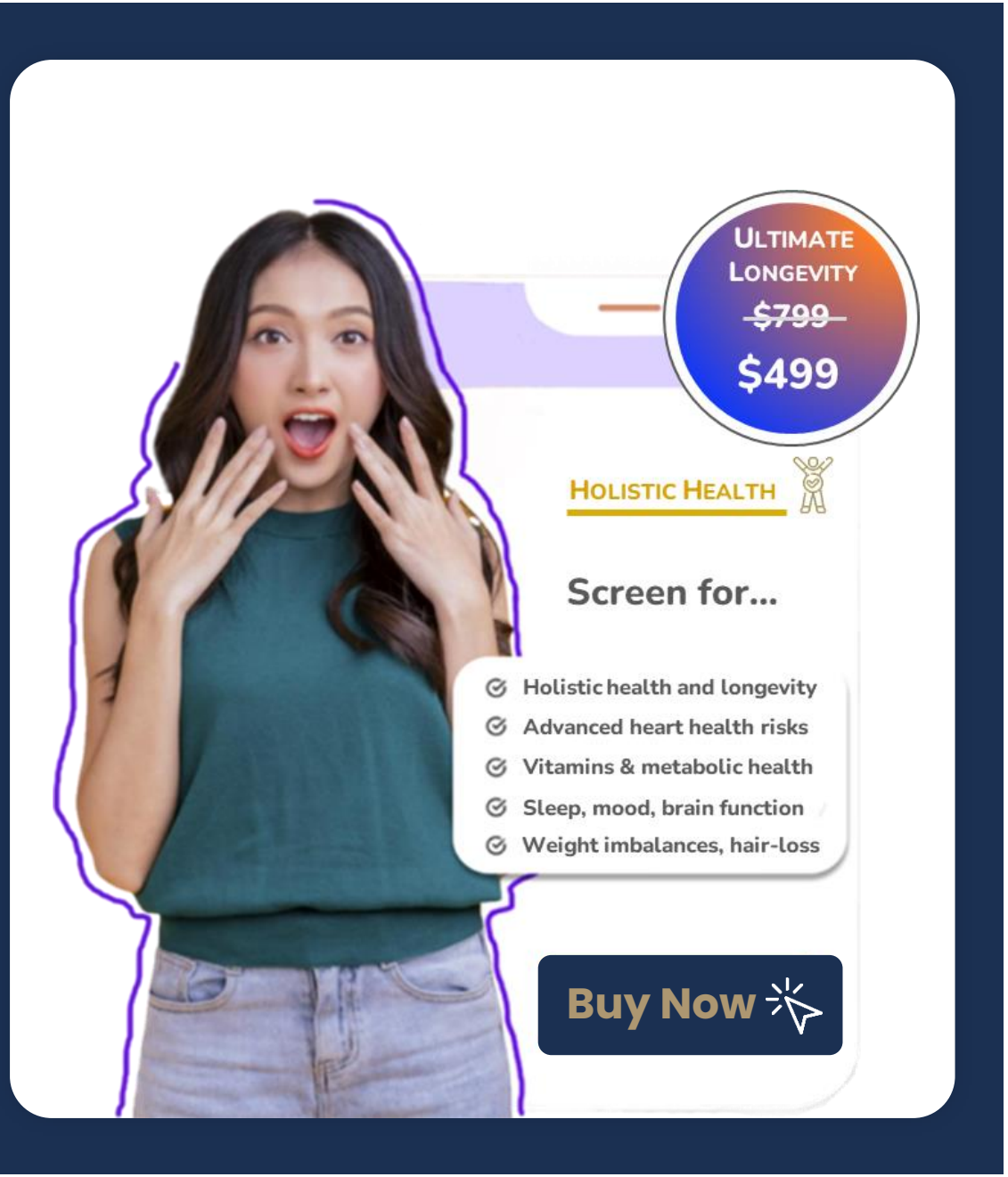
Ultimate Longevity Functional Screening.

Live Healthy, Longer.

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WHY CHOOSE ULTIMATE LONGEVITY SCREENING?

Our members choose the Ultimate Longevity Screening package in their pursuit to monitor, track, and optimize their holistic well-being

- ✓ Includes all the most commonly tested lab biomarkers
- ✓ **APOB, LP(a) and advanced heart health** risk biomarkers
- ✓ Test to optimize **sleep, mood, memory and brain function**
- ✓ Screen for **early cognitive decline**, to intervene early
- ✓ Test **nutritional deficiencies** - Vit. D, B12, Folate, Iron, Mg
- ✓ Test for **tiredness, low energy, brain fog**, poor metabolism
- ✓ Suspect **hormonal or thyroid imbalances**, menopause or perimenopause, fertility or autoimmune conditions?
- ✓ Determine root cause for **weight imbalances or hair loss**
- ✓ Prevent **colon cancer risk**, liver and kidney disorders

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Ultimate Longevity Screening – 100+ Biomarkers. All-in-1 Package.

Heart Health & Longevity

- Lipoprotein(a) or LP(a)
- Apolipoprotein B or ApoB
- Total Cholesterol
- HDL, Non-HDL, LDL Cholesterol
- Triglycerides
- Cholesterol Ratio(s)
- High-Sensitivity C-Reactive Protein (hsCRP)

Energy, Weight & Metabolism

- Glucose (Fasting)
- Hemoglobin A1c or HbA1c
- eAG (Estimated Average Glucose)
- Insulin (Fasting)
- HOMA-IR (Insulin Resistance Screen)

Vitamins & Micronutrients

- Vitamin D
- Vitamin B12
- Folate (Vitamin B9)
- Homocysteine
- Ferritin
- Magnesium
- Iron
- Iron Binding Capacity (TIBC)
- Transferrin
- Iron Saturation

Cancer Risk Screening

- Liver (AFP)
- Colon (CEA)
- Female: Ovaries (CA125) OR Male: Prostate (PSA)

Hormones & Fertility

- Free Triiodothyronine (Free T3)
- Free Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)
- Follicle Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)
- Progesterone (Female only*)
- Prolactin
- Estradiol (E2)
- Free, Total & Bioavailable Testosterone
- Cortisol
- Sex Hormone Binding Globulin (SHB)
- Free Androgen Index (FAI)

Kidney Function

- Urea (or BUN)
- Creatinine
- Estimated Glomerular Filtration Rate (eGFR)
- Sodium, Potassium
- Chloride, Bicarbonate
- Anion Gap (Acid-Base Imbalances)
- Urine Microalbumin/Creatinine Ratio

Liver & Gallbladder

- Total Bilirubin
- Direct (Conjugated) Bilirubin
- Indirect (Unconjugated) Bilirubin
- Aspartate Aminotransferase (AST)
- Alanine Transaminase (ALT)
- AST/ALT Ratio
- Alkaline Phosphatase (ALP)
- Gamma-glutamyl Transferase (GGT)
- Total Protein, Albumin, Globulin, A/G Ratio
- FIB-4 Index (Assess Fibrosis Risk)
- Lactate Dehydrogenase (LDH)

Hepatitis Risk Screening

- Hepatitis Bs Antigen (HBsAg)
- Hepatitis Bs Antibody (HBsAb)
- Hepatitis A Total Antibody

Bone & Joint Health

- Calcium
- Corrected Calcium
- Phosphate
- Uric Acid (Assess Gout Risk)
- Rheumatoid Arthritis (RA) Factor

Body Measurements | Vitals

- Height, Weight, BMI, BSA, RMR
- Biological Age, Heart Age
- Blood Pressure (Systolic | Diastolic)

Blood & Immunity Profile

- Hemoglobin
- Hematocrit
- Red Blood Cell (RBC) Count
- RBC Indices – MCH, MCHC, MCV, RDW, Platelet Count
- White Blood Cell (WBC) Count
- Erythrocyte Sedimentation Rate (ESR)
- Peripheral Blood Film (PBF)
- Absolute & Differential (%) Counts for – Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils

Urine and Stool Analysis

- Urine Color, Appearance, pH and Specific Gravity
- Urine Chemistry – Blood, Glucose, Protein, Bilirubin, Urobilinogen, Nitrite, Ketones
- Urine Microscopy - Red Blood Cells, White Blood Cells, Epithelial Cells, Mucus Threads, Bacteria, Yeast, Casts, Crystals, Others
- Fecal Occult Blood Test

Functional Insights*

- Weight and Mood Imbalances, Poor Sleep, Hair Loss, Fatigue, Cognition, Immunity, Fertility, Low Libido*, Menopause, Perimenopause

***Note:** Blood tests are done at clinic locations at Royal Square Novena or Paragon. Detailed health advisory emailed upon purchase. Specialist or longevity medicine consultations for functional insights charged extra.

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For Ultimate (Several add-on options available at extra cost)

	Category	ID#	Description
Add-On option(s) from this list at extra cost.	Specialized Blood Tests For Men and Women (Done with main blood tests)	UL01	**Digestive Enzymes and Pancreatic Function:** Amylase and Lipase
		UL02	**Heavy Metals Toxicity Screening:** Zinc, Copper, Selenium, Mercury, Lead
		UL03	**Prevent Colon Cancer:** H. Pylori IgG Antibody Blood Test
		UL04	**Prevent Colon Cancer:** Urea Breath Test (Comprehensive)
		UL05	**SIBO Test:** Hydrogen-Methane Breath Test (Comprehensive)
		UL06	**Sexual Health:** HIV, Syphilis, Herpes (I, II), Chlamydia, Gonorrhea
		UL07	**Kidney Failure Risk:** Cystatin C and eGFR based on Cystatin C
		UL08	**Eyes, Heart and Brain Function:** Omega-3 Fatty Acid Profile
		UL09	**Comprehensive Insulin Resistance Screening:** KRAFT Test
		UL10	**Thyroid and Weight Imbalances:** Thyroglobulin Antibodies (TgAb), Thyroperoxidase Antibodies (TPO), Total T3, Total T4
		UL11	**Comprehensive Hormonal Screening:** DUTCH Complete
		UL12	**Growth Factor and Aging Screen:** IGF1, IGFBP3
	For Men (Blood Test and Scans)	UL13	**Additional 3x Cancer Markers:** Pancreas, Nose, Testicular
		UL14	**Prostate Cancer Risk Screen:** Free PSA, Free PSA %
		UL15	**Adrenal Function and Performance:** Dehydroepiandrosterone Sulfate (DHEA-S), Progesterone
		UL16	**Prostate Cancer Screen:** Ultrasound Prostate
	For Women (Blood Test and Scans)	UL17	**Additional 3x Cancer Markers:** Pancreas, Nose, Breast
		UL18	**Ultrasound Pelvis (Abdominal):** Assess uterus, cervix, ovaries
		UL19	**Prevent Breast Cancer:** Ultrasound Breast (for under 40 yr. old)
		UL20	**Prevent Breast Cancer:** Mammogram (for over 40 yr. old)
		UL21	**Prevent Cervical Cancer:** Pap Smear (LBC ThinPrep)
		UL22	**Advanced Cervical Cancer Prevention Test:** HPV DNA
		UL23	**PMOS (PCOS/PCOD) Assessment:** Dehydroepiandrosterone Sulfate (DHEA-S)

	Category	ID#	Description
Add-On option(s) from this list at extra cost.	For Women	UL24	**PMOS (PCOS/PCOD) Diagnosis:** Ultrasound Pelvis (Trans-vaginal)
		UL25	**Prevent Ovarian Cancer:** ROMA Index (Pre / Post Menopause)
		UL26	**Fertility and Pregnancy:** Ovarian Reserve (AMH), Pregnancy (hCG)
	Ultrasound, Scans and Specialized Tests For Men and Women	UL27	**Heart and Lung Function:** Resting ECG and Chest X-Ray (Filmless)
		UL28	**Early Cognitive Decline:** Digital Brain Function Screening
		UL29	**Bone Mineral Density (BMD):** Osteoporosis risk, bone health
		UL30	**Ultrasound Kidneys:** Assess kidney function, size, blood flow
		UL31	**Ultrasound Thyroid:** Assess abnormalities and thyroid cancer risk
		UL32	**Ultrasound KUB:** Kidneys, Ureters and Bladder
		UL33	**Ultrasound Hepatobiliary:** Liver, Pancreas, Spleen, Gallbladder
		UL34	**Stroke risk, Plaque buildup (IMT), CVD Risk:** Ultrasound Carotids
		UL35	**Lung Capacity | Aerobic Fitness:** VO2Max (Treadmill)
		UL36	**Diet and Weight Management:** Continuous Glucose Monitoring
		UL37	**Ultrasound Abdomen:** Hepatobiliary (UL33) + Kidneys (UL30)
		UL38	**Liver Stiffness | Fibrosis:** Ultrasound Liver with Elastography
		UL39	**DEXA Scan:** Assess your body composition, fat and muscle mass, bone density
		UL40	**Heart Scan (Hardening Arteries):** CT Coronary Calcium Score
		UL41	**Detailed Heart Function Assessment:** ECG Treadmill
		UL42	**Heart Health Risk:** 2D Echocardiogram
		UL43	**Biological Age:** Epigenetic myTruAge and Pace of aging
		UL44	**Autoimmune Disease Screen:** ANF, Anti-ds DNA, Complement C3, C4
		UL45	**Multi-Cancer Early Detection (MCED):** SPOT-MAS (ctDNA) 10 Cancer Screen

Contact us **EHS@genixpro.com | WhatsApp: +65-88752304 to add-on more than ONE (01) option** or if you wish to inquire about other health screening packages.

***Note:** Ultrasound and Scans require a visit to our clinic location at Royal Square Novena or Paragon. Ultrasound and scans require an appointment to be scheduled before your visit.

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Specialty Add-ons (Additional charges* apply)

DNA Health Insights



Predict | Health Risks

Learn about your innate health traits, nutritional deficiencies and needs, hereditary health risk predispositions, likely food sensitivities & intolerances.

EXPLORE

Gut Health Insights



Personalize | Nutrition

Assess gut microbiome composition, likely beneficial and harmful bacteria, their impact on health, probiotics and supplementation, food to eat or avoid.

EXPLORE

Glucose Monitoring (CGM)



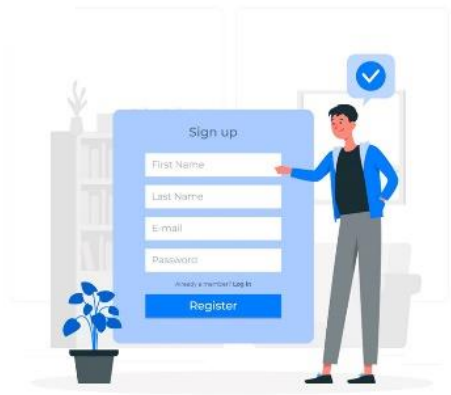
Customize | Your Diet

Monitor your blood glucose levels to understand ways your diet, lifestyle, activity, sleep, stress and glucose imbalances impact metabolic health.

EXPLORE

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How It Works



Join

1. Choose your package and add-on options (if any)
2. Buy online. e-receipt emailed upon purchase **CHECK SPAM**
3. Schedule your appointment from the next screen



Test

4. Blood Test and/or Ultrasound if chosen, are done in partner clinics at Novena or Paragon
5. For DNA/Gut/CGM add-on if chosen, respective kit(s) are mailed home with instruction



Know

6. Get results ready email notification (app, portal, WA)
7. Schedule Dr. review* of lab test results (online – video)
8. Use AI Assistants to generate a personalized health plan



Act

9. Adhere to plan. Track results. Use voice, text AI Assistants for inquiries or to customize your recommendations, next steps
10. Transform your health. Retest. Optimize your healthspan.

***Note:** Basic review included. Specialist or longevity medicine consultations for functional insights charged extra.

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Health Screening Preparation

Before Your Screening

01 Appointment Availability

We have **slots available** (Mon-Sat, excl. public holiday). **Upon online purchase**, choose your preferred date and time of appointment from the next screen.

02 Health Screening Advisory

A detailed health screening advisory, along with **all preparation requirements and next steps, is emailed AFTER your purchase.** Most of our screenings **do not require fasting.** Special instructions if applicable will be indicated in our email.

03 Our Health Screening Process

1. **Blood tests, Ultrasound and Scans (if chosen)** are done at our partner **clinic locations at Royal Square Novena or Paragon**
2. **DNA/GUT/CGM/Stool/ Other kits* (if chosen)** are **mailed home for sample self-collection and mail back within 3 days.** Detailed instructions emailed in our health screening advisory

04 Add-on Tests (if any)

- You may add-on tests **ONLY AFTER** purchase of your baseline health screening package (as applicable)

During Your Screening

05 Women's Health Screening

Women are encouraged to schedule their appointment **7 days or more after the end of last menses, or 12 days from the start of ongoing menses.** Avoid scheduling appointment **5 days before the likely start of next cycle.** Special instructions apply for hormonal screen (PCOS/PCOD/Menopause) and are emailed in our health advisory.

06 Medications and Supplements

Unless strictly advised by your doctor not to do so, on the day of your scheduled appointment, **avoid taking your routine medication and supplements** until after all the blood tests are complete

07 Health Screening Duration

1. **Blood tests, Ultrasound and Scans (if chosen)** are generally completed within **60-90 min.** (except when multiple scans are chosen)
2. **Blood Tests Only (if chosen)** are generally completed in **20-30 min.**

08 Rescheduling Your Appointment

- **1x rescheduling of your appointment** is offered complimentary **up to 72 hrs. before** scheduled appointment. Otherwise, extra charges apply.

After Your Screening

09 Test Results and Reports

1. **Blood tests, Ultrasound and Scans (if chosen)** are generally reported within 1-2 business days once tests are complete
2. **DNA/GUT/CGM/ Other kits* (if chosen)** are generally reported within 4-8 weeks from the date we receive your sample back at the lab
3. Once ready, your test results and reports will be accessible from **GenixPRO App and Web Portal.** Access instructions are emailed.

10 Follow-up With Doctor

Depending on your choice of health screening package, you may have up to **1-2 complimentary follow-up** review of test results included in your purchase. These next steps are advised in our email, once test results are ready.

11 Past Test Results and Reports

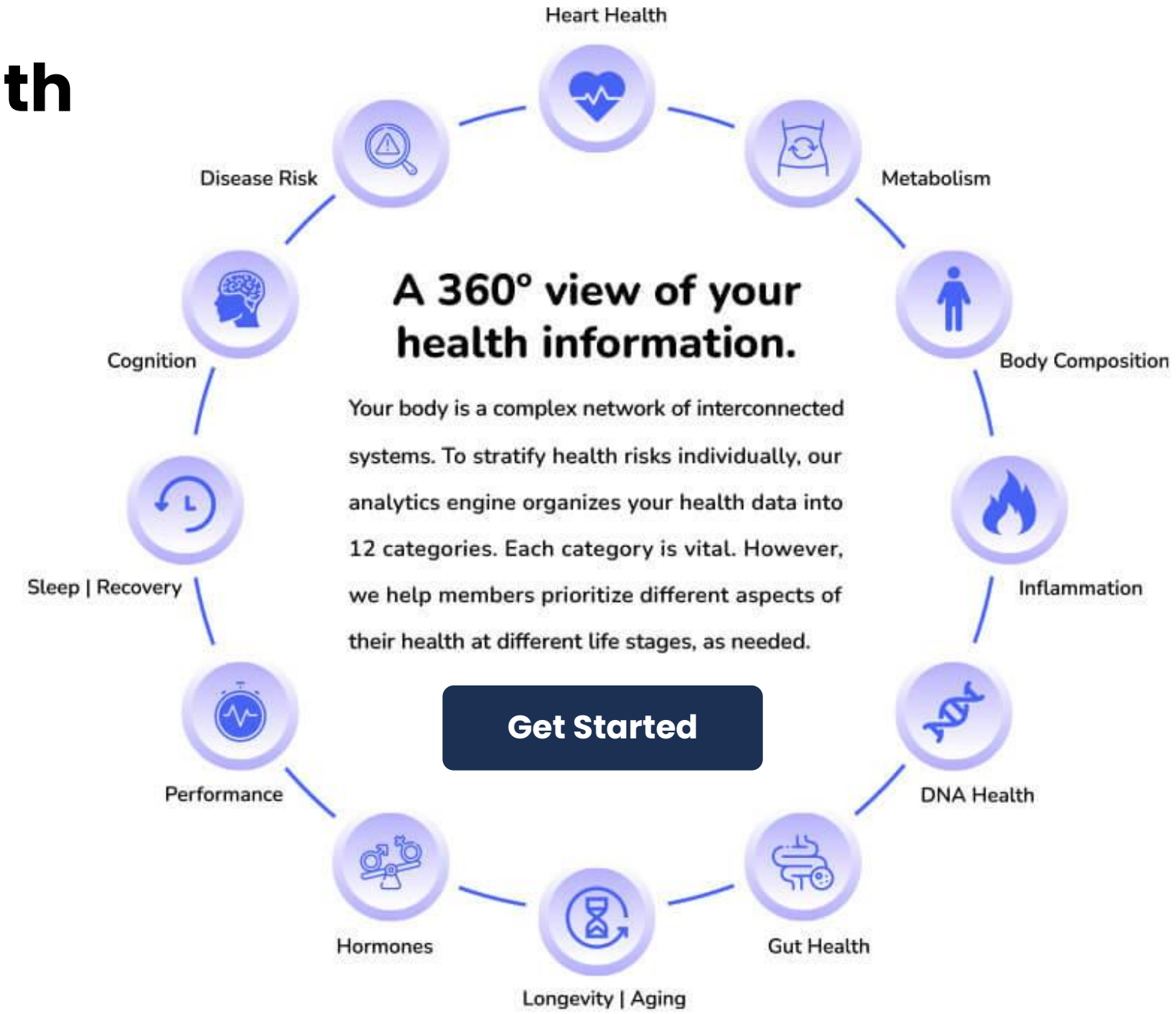
We offer services to help you **import all your past health screening test results and reports** on to GenixPRO app for easy tracking and monitoring over time

12 Looking Ahead

We offer medication, supplementation and a variety of services on GenixPRO app

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Holistic Health



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