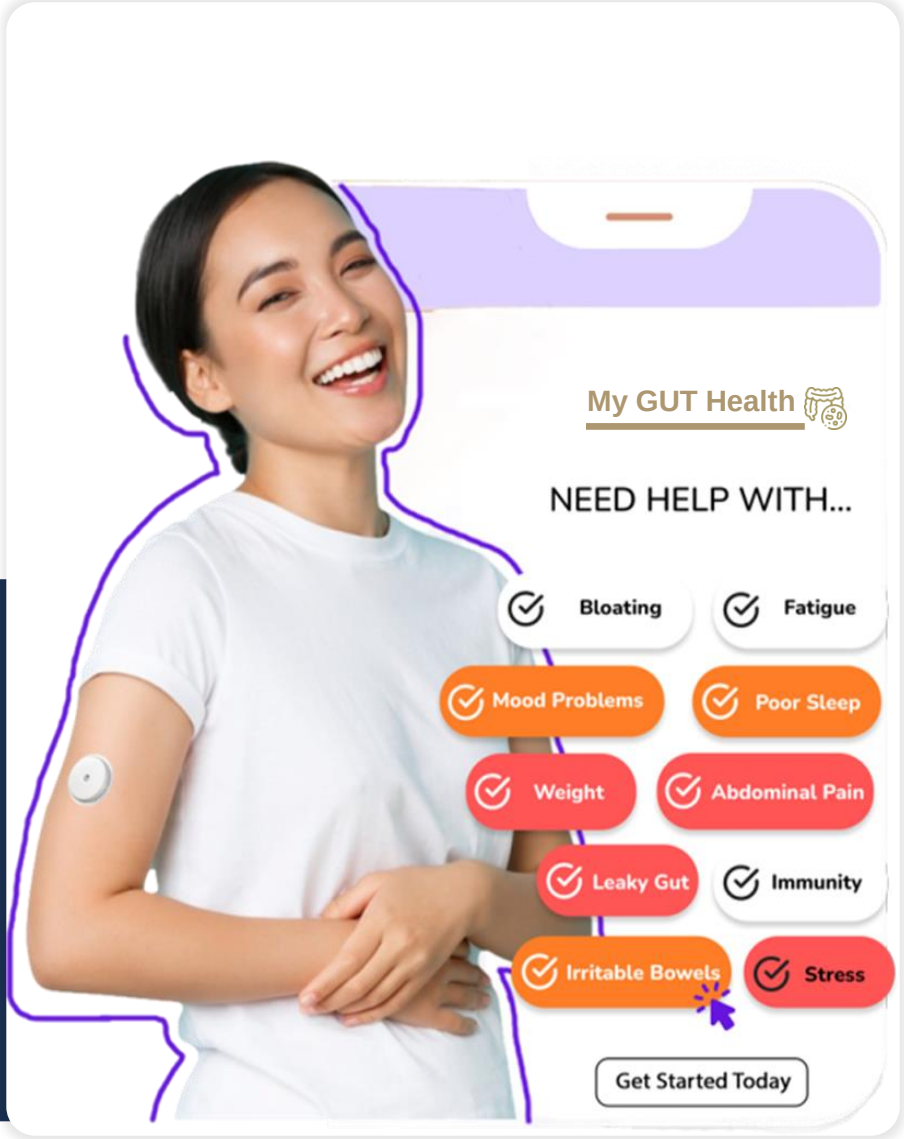
Optimize Your

GUT Health.

Live Healthy, Longer.

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GUT MICROBIOME TEST (GUTassess)

Our members choose Gut Microbiome Test, when they may experience any one or more of these symptoms or conditions :



$299

Buy Now

*No report review. Results are available in up to 6-8 weeks.

- ✓ Irregular or irritable bowels (IBS), IBD, leaky gut
- ✓ Abdomen or **stomach pain, bloating, gas**, discomfort
- ✓ Constipation, diarrhea, **indigestion, bowel problems**
- ✓ Food or skin **sensitivity, allergies**, eczema or psoriasis
- ✓ **H. Pylori, SIBO**, gastritis, nausea or acid reflux
- ✓ Difficulty in losing weight or weight-loss regain
- ✓ **Low immunity, poor sleep quality**, sleep disturbances
- ✓ Feelings of anxiety or depression, impacts mental health
- ✓ Low energy, fatigue or brain fog, lethargy, tiredness
- ✓ Inflammation, bone and joint discomfort; or
- ✓ Want to assess gut microbiome to optimize health

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What You May Learn

About your nutrition and fitness.

Digestive Health

Know your susceptibility to bowel movement disorders, bloating and gas, intestinal permeability (leaky gut), or food intolerances

Functional Metabolites

Learn how metabolites (byproducts of bacterial activity) like SCFA (butyrate, propionate), methane, TMAO impact overall gut health and disease risks



Vitamin Biosynthesis

Majority of B, K vitamin synthesis happens in the gut. Is your gut synthesizing these optimally? Identify your nutritional supplementation needs

Probiotics and Prebiotics

Find out your innate probiotics composition in the gut and the natural food sources (prebiotics) that may help nurture a diverse microbial community

Pathogen Characterization

Assess pathogenic species abundance (like H.Pylori, C.difficile, ETBF) that may be negatively impacting your health. Learn lifestyle modifications to minimize risks

Physical Well-being

Discover your unique self with a new perspective across physical, behavioral, musculoskeletal, personality, among other traits

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What You May Learn

About your health conditions.

Gastrointestinal Health

Is your gut microbiome predisposing you to risk for IBD, IBS, Ulcerative Colitis, Crohn's disease or leaky gut? Learn ways to mitigate your risks for optimal health

Metabolic Health

Understand the gut connection to common lifestyle diseases such as Type-2 diabetes. Know your optimal diet type, food to eat or avoid, and nutrient needs



Neurodegenerative Disorders

Protect your future by understanding how your gut bacteria may influence risk for conditions such as Dementia, Alzheimer's and Parkinson's

Cardiovascular Health

Gut bacteria and their metabolites may impact risk for developing heart health conditions, high blood pressure. Identify preventive clinical action plans

Mental Health

Gut bacteria influences mood, impacts risk for depression, bipolar disorder, anxiety or schizophrenia. Learn about these aspects and resilience, and stress response

Liver and Kidney Disorders

Oh My Gut! CKD, NAFLD, Cirrhosis, Hepatitis risk. Discover how diet impacts such risks. Learn about your body's actual biological processes and their gut health connection

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